



## MUSTARD GROUND YELLOW

**Botanical Name:** Brassica alba

**Common Name:** Yellow mustard

**Medicinal part:** Seed

**Description:** Mustard plants are any of several plant species in the genera Brassica and Sinapis. Brassica is a genus of plants in the mustard family, the (Brassicaceae). The members of the genus are informally known as cruciferous vegetables, cabbages, or mustard plants. Crops from this genus are sometimes called cole crops—derived from the Latin caulis, denoting the stem or stalk of a plant.



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